

Gateway Rehab Squirrel Hill Training Series



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DATE & TIME: Wednesday, Oct. 10, 2012
9 a.m.- 4 p.m.
ONE-HOUR LUNCH (ON YOUR OWN)

LOCATION: Gateway Rehab Squirrel Hill
5818 FORBES AVE., PITTSBURGH, PA 15217

TOPIC: **Self-Care for Health-Care Professionals**
Attendees will learn multiple ways to take care of themselves in order to better serve their clients.

WHO SHOULD ATTEND: Health-care professionals

CREDITS OFFERED: 6 RN, 6 PCB or 6 Social Work /LPC credits available.

REGISTRATION: Call Alice Watson, 412-604-8900, ext. 1193 or email alice.watson@gatewayrehab.org.

FACILITATOR: Kathie Lang, CLINICAL MANAGER AT GATEWAY REHAB -- SQUIRREL HILL

TRAINERS: Chan Huy, INTERNATIONALLY RECOGNIZED DHARMA TEACHER
Nicole Trombley, PERSONAL TRAINER
Dr. Anthony J. Silvestre, UNIVERSITY OF PITTSBURGH
Tom Menditto, TAI CHI INSTRUCTOR