

# This is It! Truly Living in the Present Moment

## An Evening With Dharma Teacher, Chan Huy

Truly living in the present moment can help us to wake up to what is going on inside and around us, so we can be happy and make a difference in our own lives and the lives of those around us and, ultimately, in our world.

Like his parents and grandparents before him, Brother Chan Huy (True Radiance) is a long-time student of Vietnamese Zen Master Thich Nhat Hanh. He was ordained into the Order of Interbeing in 1989, and in 1994 was ordained a Dharmacharya (Dharma Teacher). He is of the 42nd generation of the Lam Te School and the 8th generation of the Lieu Quan Dharma lineage. Chan Huy is among the most accomplished of Thich Nhat Hanh's lay Dharma teachers.

His simplicity, humor, compassion and insight make many profound teachings accessible to the Western mind. He is the founder of the Institute of Applied Mindfulness, Montreal, and is a teacher of Mindfulness and Meditation in the tradition of Thich Nhat Hanh.

For questions about this event, please contact Roberta Marks at [roberta@robertamarks.com](mailto:roberta@robertamarks.com) or 305-509-1666

May 14 • 5:30 – 7:30 pm  
Southernmost Unitarian  
Universalist Congregation  
801 Georgia Street  
Key West, FL



Sponsored by Blue Ocean Sangha, Miami Beach, a Community of Mindful Living in the tradition of Thich Nhat Hanh. For more about the retreat (only a few spaces remain), or general information, visit [www.blueoceansangha.org](http://www.blueoceansangha.org) or contact Antonio Brunner at 305-215-8110.